

LISA NAVES DANCE COMPANY
DANCEWEAR AND FOOTWEAR REQUIREMENTS
 (updated July 2010)

DISCIPLINE	SHOES	DANCEWEAR
ACROBATICS	Bare Feet	Girls: Unitard or bodysuit or tight-fitting dance pants and tank. Boys: Tight fitting t-shirt or tank and shorts
JAZZ	Level 1: Half soles or foot undies Girls: Level 2-4: Beige leather jazz shoes Level 5 & up: Black leather jazz shoes Boys: Level 2 and up: Black leather jazz shoe	Girls: Unitard or bodysuit or tight fitting dance pants/ shorts and tank top. Boys: Tight fitting t-shirt or tank and shorts or dance pants.
LYRICAL	Foot paws or food undies	Same as acro and jazz
HIP HOP	Soft-soles INDOOR running shoes (outdoor shoes are NOT permitted)	Comfortable street clothes (JEANS are not permitted)
TAP	Girls: Level 1&2: Tan Bloch Tap-on (S0302) Level 3&4: Tan Bloch Showstopper Tap-on (S0323) Advanced & Adult: Black Bloch or Capezio cuban heel or oxford lace-up Boys: Black Capezio or Bloch oxford lace-up	Same as acro and jazz
BALLET PRE-PRIMARY & PRIMARY	Girls: Pink Bloch leather ballet slippers (full sole) Boys: Black Bloch leather ballet slippers (full sole)	Girls: Pink tank leotard and Pink Circle Skirt "Ballerina Pink" Mondor tights or bare legs with pink ankle socks Boys: White tank or t-shirt with black shorts
BALLET GRADE 1-5	Girls: Pink Bloch leather ballet slippers (full sole) Black character shoes Boys: Black Bloch leather ballet slippers (full sole)	Girls: Navy blue tank leotard "Ballerina Pink" Mondor tights Character Skirt Boys: White tank or t-shirt with black shorts or pants
BALLET INTERMEDIATE FOUNDATION & UP	Girls: Pink Bloch leather or canvass ballet slippers (split sole) Boys: Black Bloch leather or canvass ballet slipper (split sole)	Girls: Black tank leotard (no coloured bra underneath - black only) "Ballerina Pink" Mondor tights Boys: White tank or t-shirt with black shorts or pants
LEAPS & BOUNDS	Girls: Pink canvass gym slippers Boys: Black leather or canvass ballet slippers	Girls: Baby blue tank leotard White tights or pink ankle socks Boys: White tank or t-shirt, with black shorts

REMINDERS: No chunky jewellery or jeans are permitted in any class.
 Hair must be pulled back and up for ALL classes except Lyrical.
 Ballet students MUST have hair in a ballet bun.